

# KENTISH FAMILY SUPPORT HOUSE

5 Austin Place, Sheffield  
Monday –Friday 9am-4pm  
Ph: 6491 2322 / 0447 325 343  
Email:  
kentishhouse@glenhaven.org.au

## Getting Connected

Would you like support access-  
ing services or you just need to  
talk? **Call in or contact KFSH**  
**6491 2322**

## Playgroup

All are welcome. Enjoy playful  
activities with your child  
(0-4yrs) & time to connect with  
other parents.  
**Tea/Coffee provided.**

## Emergency Relief Program

**Wednesday's** 10 am-12pm.  
(Except public holidays)  
**Budgeting, NILS loan applications** via  
appointment please contact KFSH for  
appointments 6491 2322

## Fruit/Veg Pick Up WEEKLY

Donated fruit/veg available .  
**Please note amount available**  
**varies. Items available on a first**  
**in basis.**

# February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
Nancy from Youth Family Community Connections will be at KFSH Tuesdays 2:00-4:30pm	GRIEF & LOSS WORKSHOP Wed. 28th 11am-1pm Light lunch provided. Sheffield Health Centre. To book contact KFSH.		1  Green Room 2:00-4:30	2 Parent/Child Cooking 10.00-12.00  BOOKINGS ESSENTIAL. Contact KFSH to book.
5	6 Playgroup 10:00-11.30  YFCC @ KFSH 2:00-3:30pm	7 Fruit/Veg Pick up 9:30-10:30  Emergency Relief 10:00– 12:00	8  Green Room 3:00-4:30	9
12	13 Playgroup 10:00-11.30  YFCC @ KFSH 2:00-3:30pm	14 Fruit/Veg Pick up 9:30-10:30  Emergency Relief 10:00– 12:00	15 Kentish Cooking Group 9.30-12.30  Green Room 3:00-4:30	16  CLOSED
19 Kentish Cooking Group 9.30-12.30	20 Playgroup 10:00-11.30  YFCC @ KFSH 2:00-3:30pm	21 Fruit/Veg Pick up 9:30-10:30  Emergency Relief 10:00– 12:00	22  Green Room 3:00-4:30	23
26  CLOSED	27 Playgroup 10:00-11.30  YFCC @ KFSH 2:00-3:30pm	28 Fruit/Veg Pick up 9:30-10:30  Grief & Loss Workshop HEALTH CENTRE 11-1  Emergency Relief 10:00– 12:00	Green Room Open to young people Grade 7-12 Thursday's 3.00-4.30pm DURING SCHOOL TERMS	Contact KFSH for further information on programs and events or to register