# KENTISH FAMILY SUPPORT HOUSE

5 Austin Place, Sheffield Monday –Friday 9am-4pm Ph: 6491 2322 / 0447 325 343 Email: kfsh@glenhaven.org.au

## **Getting Connected**

Would you like support accessing services or you just need to talk? *Call in or contact KFSH* 6491 2322

#### Playgroup

All are welcome. Enjoy playful activities with your child (0-4yrs) & time to connect with other parents.

Tea/Coffee provided.

### **Emergency Relief Program**

Wednesday's 10 am-12pm.

(Except public holidays)

**Budgeting, NILS loan applications** via appointment please contact KFSH for appointments 6491 2322

#### Fruit/Veg Pick Up

Donated fruit/veg available .

Please note amount available
varies. Items available on a first
in basis.







Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Playgroup 10:00-11.30	4 Fruit/Veg Pick up 9:30-10:00	5 Getting Connected 9:30-11:00	6 Getting Connected 9:00—11:00
	Playgroup Lunch 12:00-1:00—Toastie making	Emergency Relief 10:00– 12:00	Green Room 1:00-4:30	
9	10 Playgroup 10:00-11.30	11 Emergency Relief 10:00– 12:00	12 Getting Connected 9:30-11:00	13 Getting Connected 9:00—11:00
		Parent/Child Cooking 1:00-3:00 BOOKINGS REQUIRED	Green Room 1:00-4:30	
16	17 Playgroup 10:00-11.30	18 Fruit/Veg Pick up 9:30-10:00	19	20 Getting Connected 9:00—11:00
		Emergency Relief 10:00– 12:00	Green Room 3:00-4:30	
23	24 Playgroup 10:00-11.30	25 Emergency Relief 10:00– 12:00	26	27 Getting Connected 9:00—11:00
			Green Room 3:00-4:30	
30	31 Playgroup 10:00-11.30	Contact KFSH for further information on programs and events or to register	Green Room Open to young people Grade 7-12 Thursday's 3.00-4.30pm DURING SCHOOL TERMS	Parent/Child Cooking Wed. 11th October 1:00-3:00pm BOOKINGS REQUIRED