



Family Yoga in 2017

Great news everyone!

Our first season of Family Yoga was so much fun (not to mention highly beneficial) that we are going to continue in 2017 'if we have enough interest'.

This is a unique interactive parent/child experience. A beautiful opportunity to CONNECT in relaxed, 'FUN' and meaningful ways.

Learning through a mutually beneficial kind of play for big and little people!

The sessions will be run over 6 consecutive weeks
from 3.10pm to 4.10pm. (Day TBA).

The pricing options are set out per couple and include:

- A one off payment of \$90 per couple for the entire 6 weeks.
- A deposit of \$45 then the remaining \$45 paid on the first day of the course.
- Or \$25 casual per couple.

All bookings and payments to be made by the 31st January 2017
and can be made via phone:

- Sharlene on 0417270791 Or Andrea on 0424597669
Alternatively email: happiness@havenyoga.com.au

Please note that this program will only go ahead if we have a minimum of 6 couples and bookings are essential to assist with the planning. ☺