



# Kentish Family Support House

5 Austin Place, Sheffield Hours: 9-4pm Monday –Friday



Ph: 6491 2322 Email: [kfsh@glenhaven.org.au](mailto:kfsh@glenhaven.org.au)

## November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1 Play2Connect Playgroup</b> 10:00-11.30 <b>Getting Connected</b> 12.30—1.30	<b>2</b>	<b>3 Meet Up &amp; Eat Up Cooking</b> 9:45-12:00  <b>Green Room</b> 3:00-4:30	<b>4 Getting Connected</b> 9:00-11:00
<b>7</b>  <b>CLOSED</b>	<b>8 Play2Connect Playgroup</b> 10:00-11.30 <b>Getting Connected</b> 12.30—1.30	<b>9</b>	<b>10 Meet Up &amp; Eat Up Cooking</b> 9:45-12:00  <b>Green Room</b> 3:00-4:30	<b>11 Getting Connected</b> 9:00-11:00
<b>14 Emergency Relief</b> 10:00– 12:00  <b>Drop in, Coffee &amp; Chat</b> 12.30-1.30	<b>15 Play2Connect Playgroup</b> 10:00-11.30 <b>Getting Connected</b> 12.30—1.30	<b>16</b>	<b>17 Meet Up &amp; Eat Up Cooking</b> 9:45-12:00  <b>Green Room</b> 3:00-4:30	<b>18 Getting Connected</b> 9:00-11:00
<b>21 Emergency Relief</b> 10:00– 12:00  <b>Drop in, Coffee &amp; Chat</b> 12.30-1.30	<b>22 Play2Connect Playgroup</b> 10:00-11.30	<b>23</b> <b>Railton Kids &amp; Parent Cooking Session</b> <b>Contact KFSH for details 6491 2322</b>	<b>24 Meet Up &amp; Eat Up Cooking</b> 9:45-12:00  <b>Green Room</b> 3:00-4:30	<b>25</b>  <b>CLOSED</b>
<b>28 Emergency Relief</b> 10:00– 12:00  <b>Drop in, Coffee &amp; Chat</b> 12.30-1.30	<b>29 Play2Connect Playgroup</b> 10:00-11.30 <b>Getting Connected</b> 12.30—1.30	<b>30</b>	Contact Kentish Family Support House for further information on programs or to register	

### Meet Up & Eat Up Cooking

For Adults who want to learn some new cooking skills, have fun & engage with others.

**BOOKINGS ESSENTIAL**

### Play 2 Connect Playgroup

All are welcome. Enjoy playful activities with your child (0-4yrs) & time to connect with other parents. Tea/Coffee provided.

### Emergency Relief Program is

offered at the Kentish Family Support House Monday's 10 am-12pm. *(Except public holidays)*

*Budgeting, NILS loan applications via appointment please contact KFSH for appointments 6491 2322*

**Green Room** open to young people 13-17yrs weekly, on a Thursday 3:00pm-4:30pm.

### Coffee and Chat

Come and find out what's on at the House, or we would love to hear your ideas!!

### Getting Connected

Would you like support accessing services or you just need to talk? Call in.